

BMLAC News

Newsletter 8 Track & Field Season 2011/12

Saturday February 4 2012

<http://littleaths.bacchusmarsh.net.au/>



Bacchus Marsh Little Athletics Centre Executive Committee

President

Michael Belcher

Secretary

Fiona Horan

Treasurer

Michael Roberts

Registrar

Karen Shugg

Liaison

Kylie Bullard

Public Relations & Publicity

Judith Way

Records & Ranking

Linda Thompson

Canteen

Wendy Wilson

Fundraising/Sponsorship/

Social Committee

Maria Dickson and Andrea Lalor

Technical Requirements

Robert Shaw

Special Competition

Mark Byrnes

Officials

Peter Dickson

Mason's Lane Rep

Maria Downes

Track & Field

Paul Miesen

Region Delegate

Trevor Denton

President's Report

Success at State Relays

Congratulations to the 26 teams that represented Bacchus Marsh at the Victorian Little Athletics State Relay Championships held at Lakeside Stadium last Saturday.

BMLAC had 10 teams making it through to the finals.

Team

Under 9 girls 4 x 200 – 8th
Under 9 girls 4 x 100 – 5th
Under 9 mixed 4 x 100 -6th

Coach

Mark Byrnes
Mark Byrnes
Michael Runge

Under 13 boys 4 x 200 – 4th
Under 13 boys 4 x 100 - 5th
Under 13 boys Medley - 8th

Brendan Thompson
Brendan Thompson
Brendan Thompson

Under 14 boys 4 x 200 – 7th
Under 14 boys Medley - 4th

Mark Byrnes
Mark Byrnes

Under 15 boys 4 x 200 – 5th
Wheelahan
Under 15 boys 4 x 100 – 8th
Wheelahan

Paul Miesen & Joanne
Paul Miesen & Joanne

Many thanks to our Special Competition Manager, Mark Byrnes for his organising for the Championships and to Kylie Bullard who assisted Mark on the day.

Also a thank you to all the coaches who volunteered so much time to assist the athletes with their training.

Do you want to be part of the success?

Well we are in need of more coaches for next year. If you are interested, please see me, Peter Dickson or Paul Miesen for details.

Keep doing your best.

Michael Belcher, President

Special Competition report



STATE RELAYS:

26 teams contested what was a strong relay competition this year at Lakeside Stadium.

For the under 9 Boys & Girls this was a new experience at “State” level for them, where many had nerves waiting for their events.

First events of the day were the 4x200s. The U9 boys, U11 boys & girls ran well in their heats but unlucky to not get into the finals. U9 Girls ran a big race with the team leading into the straight, and just got swamped in the last 50m to finish 4th and qualify for the final.

U12, 13, 14 & 15 girls ran well in their heat, but also missed out on a final berth.

U13, 14 & 15 boys ran well in their heat, qualifying them for a place in the final 8.

In the finals, there was a tactical move by the u9 girls coach swapping the girls running order, they ran well finishing 8th, missing out on a medal by less than a second, better luck next year girls!

The u13 boys also ran well in the final placing 4th, also missing out on a medal by the smallest of margins. The u14, u15 boys placed 7th & 5th and were not disgraced.

Next event of the day was the mixed 4x100, where the u13s ran extremely well and unlucky not to run in the final.

The u9 A & B teams ran, again new to State, all ran very well, the “B” teams were unlucky not to gain a start in the final.

A funny story of the day was The A team, they placed 9th overall in the heat unlucky not to gain a spot in the final, so male team members and coach left for MSAC to have a swim as they had no more events for the day, when I was called to communication to be told that another team had pulled out and the A team was in the final. A few frantic phone calls later the team managed to get to marshalling with minutes to spare. The team ran a terrific race taking almost 2 seconds off their heat time finishing 6th, only metres away from a medal.

The next events were the 4x100, the crowd had grown and the afternoon sun was scorching hot, like the action on the track.

The u9 girls, 13 boys & 15 boys ran terrific races qualifying themselves for the finals, whilst the u12 girls, 13 girls, 14 boys & girls, 15 girls ran good races again unlucky not to gain a start in the finals.

In the finals the u9 girls again missed out on a medal by only the barest of margins, whilst the 13 & 15 boys also ran extremely well.

The last events of the day were the medley relays, where two teams qualified from region, the U13 boys team ran extremely well missing out on a medal for what was a long hot day.

The U14 boys went into the race confident of a great result as they had their secret weapon (Jack Shaw). Jayden started well, Jack ran a good 100m, Brant ran a strong 200, it came down to Jack Shaw when he received the baton he was about 40m off 3rd place. Jack ran his customary strong 400m, the crowd was cheering, Jack was getting closer and closer to 3rd, he made a dive right on the line and missed out on a 3rd place by the smallest of margins, great effort boys!

A big thanks goes out to all the coaches who have spent countless hours training the athletes and thanks to team managers and parent helpers on the day.

Hopefully next year LAVIC decide to change state relays back to December, as its hard work in keeping the athletes keen over the Christmas break.....



REGION TRACK & FIELD:

This year Region Track and Field will be held at Corio on the 18th & 19th February. We have 58 athletes that have entered in numerous events over the 2 days. These are the qualifying rounds for this years State championship to be held at Bendigo on the 24th & 25 March.

We have been allocated 11 duty positions which includes 1 chief for Shot put & 1 person for the Jury. Parents need to be reminded that as part of their children being entered into region championships, they are making themselves available for duty at some stage over the weekend, depending on when the athlete is competing.

Regards,

Mark Byrnes
Special Competition Manager.

Trivia Night - save the date!

Little Aths Trivia Night will be on the evening of Saturday March 17th. We hope to see you all there for a night of fun. More details to come.....

A reminder...

Parents are not permitted to attend field events with the athletes - only officials and age group coordinators are to go on the infield for safety reasons. Thank you.

Athlete Profile

Name: Olivia Way

Little Aths age group: U/9

What have been your achievements over the years?

I've got better at athletic skills; got faster and jump and throw further. I won Junior Champion girl last season as well as u/8 girl. I also won the BMLAC multi for u/9 girls this season. I've represented BMLAC at region track and field and relays and State relays.

How long have you been a little athlete? I joined in the middle of the u/7 season.

Why did you join? Because Jack Bidwell (u/10 boys now) is in my class at school and encouraged me to join.

What are your favorite aspects of Little Aths? It's the highlight of my week and a good timeout from school work.

What are your goals for the future? To be a champion athlete; represent Australia.

Any other information you'd like to add? Thank you to all of the people who run Little Athletics! You all make it possible for us to compete and have fun.



Training News

Training is available for Little Athletes on Thursday afternoons from 5pm. This is free of charge for registered Bacchus Marsh Little Athletes.

Please note that unregistered and/or under age children at training are not able to use the club's equipment.

Committee News

We need your help. We would like someone to become our Merchandising officer. This would involve managing stock (such as club shirts, shorts, etc), finding suppliers for tracksuit pants, etc.

We also need an Education officer who would coordinate training on Thursdays. Other parents often attend and would help and teach you what to do. Please contact President Michael Belcher or Secretary Fiona Horan if you can assist.

IGA Docket Competition



All Entries
Earn Top
Centre Points

TOP CENTRE

Win money for you and your Centre

- \$15k in prizemoney
- 7 x \$2000 Centre Awards
- 7 x \$150 shopper Awards

FAMILY FUN & FITNESS

Little Athletics Victoria Tel: 03 9676 3600, 1800 689 112 (Outside Melbourne)

IGA

How the locals like it.

OVER \$15k
in prizemoney

www.lavic.com.au

 Little
Athletics
Victoria

GOLD SPONSOR

IGA

How the locals like it.

Terms and Conditions

Members purchase goods to the value of \$20 from their local IGA store. Send the docket into LAVIC to enter the competition. On the front of your docket write your name, address, telephone and Centre. Send to IGA Docket Competition, Locked bag 1011, Port Melbourne VIV 3207. The 7 winning shopper dockets will each receive \$150. There will also be seven separate draws for Centres who will each receive \$2000. In order for a Centre to be eligible LAVIC must receive fifty separate dockets from that Centre. Centre prizes will be presented at Minifest (Sandown) during the Gala Awards Dinner on Saturday 14 July, 2012. Centres must be in attendance. Centres and Shoppers are only eligible to win one prize each.

IGA Docket Competition.

Little Athletics Victoria has recently launched the IGA Docket Competition for 2011/12, with Centres participating receiving points towards the Top Centre award. The total prize pool for this season will be over \$15,000 and we thank IGA for their generous long term support of Little Athletics in Victoria. **The competition will run from 1 December 2011 until 31 May 2012.**

What do you need to do?

- If you purchase goods to the value of \$20 from your local IGA store, then on the front of the docket write your name, address, telephone and Centre.
- **Drop off the docket/s to Fiona in the BMLAC office** or send to IGA Docket Competition, Locked Bag 1011, Port Melbourne, VIC 3207.
- 7 winning dockets will be drawn and each will receive \$150 in prize money.
- For every 50 entries received from a Centre, the Centre will be placed in the draw for one of 7 \$2000 prize packs.

Uniform

Correct uniform is to be worn by all athletes within two weeks of commencement:

Blues - Dark Blue club shirt

Boomerangs - Yellow club shirt

Dolphins - White club shirt

Eagles - Red club shirt

With Black shorts for all clubs.

No skins allowed

IGA Name Tag is to be attached to the front of the shirt and the IGA patch is to be attached above the club logo on the back of the shirt

Results

littleaths.bacchusmarsh.net.au

Check out our website for:

- Full results
- Great Photos
- News
- Newsletters
- Entry Forms

Including performance, overall placing and personal bests.

Who's on duty?

Saturday 4 February 2012

SET-UP

Eagles

PACK-UP

Blues

Saturday 11 February 2012

SET-UP

Boomers

PACK-UP

Eagles

Newspapers

BMLAC News

The sports sections of *The Moorabool News* and *The Weekly* print the results and photos.

Tickets

Can be collected from team managers the following week with results of the previous week's events

Radio

Hear all our news on 98.5 Apple.Fm Fridays at 1.45pm